

CROSSROADS FOR WOMEN

ANNUAL REPORT

2018-2019



Support Line: 1-844-853-8011
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www.crossroadsforwomen.ca

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 @XrdsMoncton

 @Xroadsforwomen



Public Dialogue #TimesUpMoncton, by
Rotary Resurgo Satellite club (April 2018)



Service Learning Day
Volunteers from NBCC (April 2018)



Crossroads for Women and our South East Sexual Assault Centre
at the Pride Parade (August 2018)



Take Back the Night, by the South East
Sexual Assault Centre (Oct. 2018)



#DayInYellow for Suicide Prevention
(Feb. 2019)

MESSAGE FROM THE PRESIDENT



Walk a Mile in Her Shoes 2018. Our president, Dwayne Hayes, is opening the Walk with the honorary chair of the event, Robert Basque (May 2018).

2018-2019 was a busy year for Crossroads for Women! Our Sexual Assault Centre started offering its first counselling sessions. We also trained 43 volunteers who, in turn, accompanied 86 survivors through our partnership with the Sexual Assault Nurse Examiners.

Our Community Outreach Program visited 20 schools, postsecondary institutions and agencies throughout the year. We were also present at various community events and conferences.

Our Transition House, Family Violence Crisis Centre and Crisis Line implemented new policies to reduce refusal rates when we are at full capacity. Our new 24-hour emergency bed allows staff the time to find suitable emergency housing when we don't have vacancies.

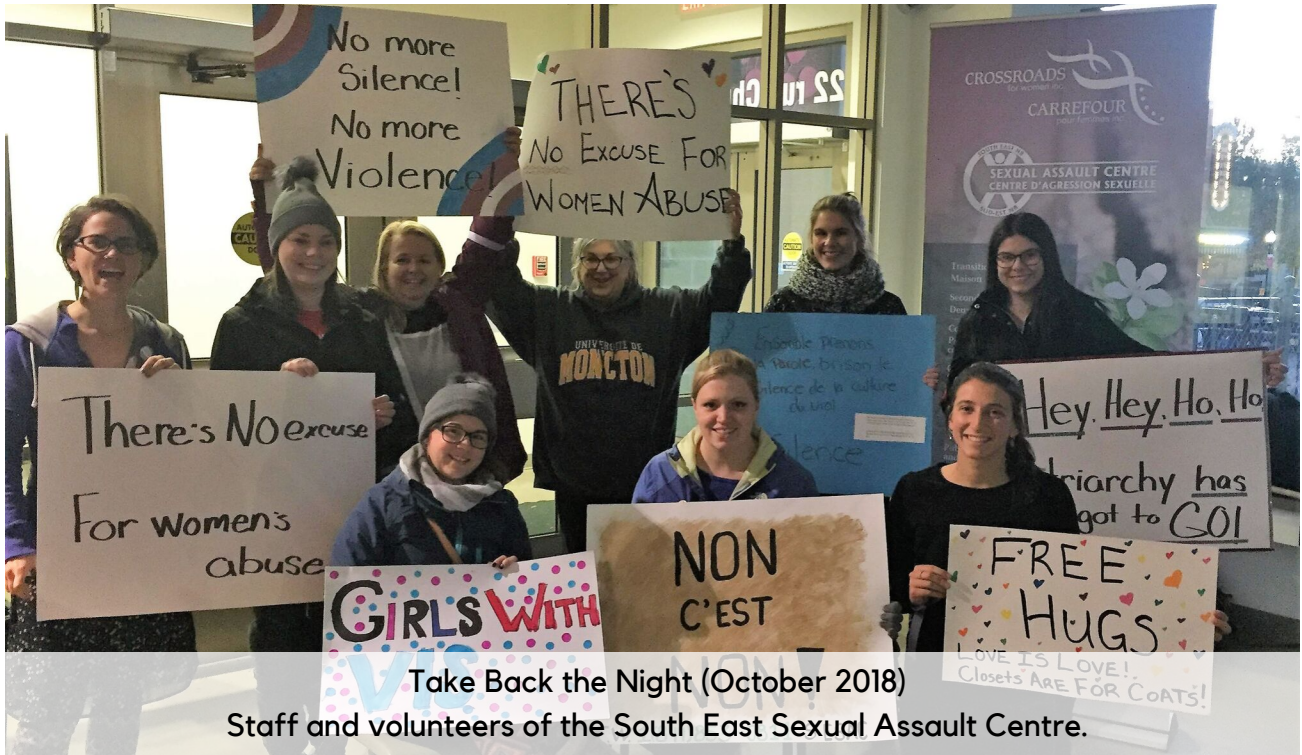
Thanks to our generous donors, we were able to do much needed renovations to our Blossom House and Second Stage. We have also added a trauma-informed space to host workshops and support groups with our residents.

We increased the services offered by our Child and Youth Intervention Program. With these changes, we increased the number of children we are able to support (39 children in 2017-2018 and 90 children in 2018-2019).

Lastly, we welcomed our new Executive Director, Geneviève L. Latour in January 2019. We'd like to offer our thanks to Tina Thibodeau for her 9 years of service to Crossroads for Women.

- **Dwayne Hayes, Chair**

HISTORY AND MISSION



Since 1981 Crossroads for Women has been empowering and assisting survivors of domestic violence and sexual assault by providing education, resources, emergency shelter, counselling and crisis intervention 24 hours a day, 7 days a week for South Eastern New Brunswick.

Our mandate is to empower domestic violence and sexual assault victims and their families break the cycle of abuse by providing shelter and on-going support services, as well as public awareness and prevention programs.

Mission

Helping women and children transition from crisis to empowerment by providing safe housing, education, counseling, and support.



Workshop offered at Maison des jeunes, Dieppe (May 2018)

BOARD OF DIRECTORS



Top: Ross Cleveland, Sara Sears, Nathalie Joseph, Noémie Doiron, Marc Landry and Darrell Nameth. Bottom: Pauline Vautour, Geneviève L. Latour, Dwayne Hayes and Patrick Goguen.

Member of the Board of Directors:

- Dwayne Hayes - Chair
- Patrick Goguen - Vice-Chair
- Pauline Vautour - Treasurer
- Noemie Doiron - Secretary
- Martine Savoie - Past President
- Darrell Nameth - Director
- Marc Landry - Director
- Nathalie Joseph - Director
- Ross Cleveland - Director
- Sara Sears - Director

Thank you to our funders:

- City of Moncton
- Government of Canada - Canada Summer Job
- Province of New Brunswick - S.E.E.D.
- Province of New Brunswick - Social Development
- Province of New Brunswick - Women's Equality Branch
- United Way of Greater Moncton and Southeastern New Brunswick





Our new smudging bundle in our Resource Centre.



Christmas Sponsorship from Major Drilling and their staff (Dec. 2018)

CRISIS LINE

TOLL FREE; 24/7

- Support listening and creation of safety plan;
- Information on our services and on those offered in the community;
- Takes into account culture, language and accessibility needs;
- Respect for confidentiality;
- Services are offered free of charge.

In 2018-2019...

- We answered 884 crisis calls;
- We answered another 5,467 calls (information, referral, etc.).

FAMILY VIOLENCE CRISIS CENTRE

DROP IN; 24/7

- Crisis intervention, support listening, information and referrals to other community agencies;
- Information and support for families and close friends of victims;
- In-kind and material support to survivors of violence (ex. diapers, food, feminine products);
- 24-hour emergency bed;
- Services are offered free of charge.

In 2018-2019...

- We received material and gift cards donations from more than 250 community members.

TRANSITION HOUSE

SAFE TEMPORARY EMERGENCY HOUSING

- 41 beds, which includes 3 wheelchair accessible beds and 3 cribs;
- Fully stocked kitchen, adult lounge area, family lounge area, children's play room, laundry rooms, and resource centre;
- Access to resources, with the help of our trained staff, promoting awareness surrounding domestic violence or any other area needed (staffed 24/7);
- Service provided free of charge.

In 2018-2019...

- We welcomed 267 women at our Transition House;
- We welcomed 167 children at our Transition House.

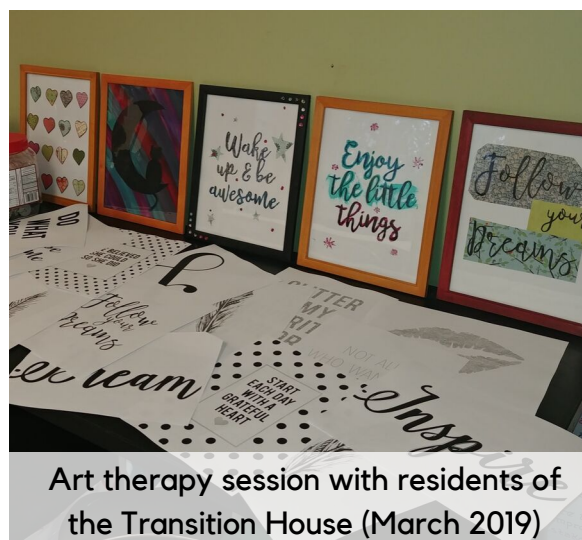
CHILD AND YOUTH

EDUCATION AND EARLY INTERVENTION

- Daily programming that enriches the learning experience through play, sensory and art programs;
- Parenting programs to empower mothers;
- Programs are tailored to each child, youth and mother's personal needs;
- Services are offered free of charge.

In 2018-2019...

- We supported 90 children;
- We offered 1,048 individual sessions to children and 325 sessions to mothers.



Art therapy session with residents of the Transition House (March 2019)



Winter celebrations at the transition house (Dec. 2018)



We were at United Way's Soupfest
(February 2019)



75th anniversary of Médavie. SESAC is
the recipient of their multiannual grant
(June 2018)

COMMUNITY OUTREACH PROGRAM

SUPPORT IN THE COMMUNITY

- Empower victims and survivors by providing resources, counselling, advocacy, and accompaniment;
- Support is available for as long as needed;
- Available to anyone who has experienced domestic violence, how recent violence occurred is not a factor;
- Services are offered free of charge.

In 2018-2019...

- We supported 65 women;
- We offered more than 20 workshops and presentations in the community.

SEXUAL ASSAULT CENTRE

TRAUMA-INFORMED

- Confidential specialized sexual assault violence services, including crisis and long-term counselling, accompaniment and referrals to other community agencies;
- Provides support for families and close friends of survivors;
- Services are offered free of charge.

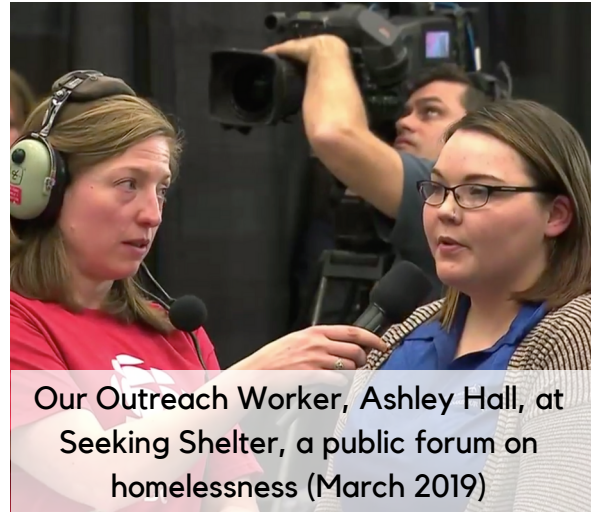
In 2018-2019...

- We accompanied 86 survivors at the hospital;
- We trained 43 new volunteers.

SECOND STAGE

SUPPORTIVE AND AFFORDABLE HOUSING

- 1 year housing program available to women and children who are experiencing domestic violence;
- Apartment building with 5 two-bedrooms apartments;
- Duplex with three bedrooms each;
- Safe environment for families;
- Residents are paired with an outreach worker who helps support them in any way needed.



Our Outreach Worker, Ashley Hall, at Seeking Shelter, a public forum on homelessness (March 2019)

BLOSSOM HOUSE

LONG-TERM HOUSING PROGRAM

- Affordable and supportive housing program for women who are struggling with mental health or substance-use;
- Housing first approach;
- Apartment building with 4 bachelorettes;
- Residents are partnered with an outreach worker who is there to support tenants in reaching their chosen goals.

In 2018-2019...

- We provided housing to 19 women and 9 children.
- We are now sitting on the Housing Assessment Review Team (HART). Service providers that make up the HART Table work together to assess people's housing-related needs, prioritize them for resources, and link those in need to housing and a range of other supports.



Our summer students volunteering at Rib Fest, by Rotary Club of Moncton West and Riverview (June 2018)

OUR TEAM



Top: Stephanie Carver, Gina Collette, Geneviève L. Latour, Jessica Jones, Samantha Lewis, Tammy Daigle, Julie Cormier and Mélissa Arsenault. Bottom: Trish Babineau, Ashley Hall and Jocelyn Lirette

Members of our team:

- Geneviève L. Latour, Executive Director
- Tammy Daigle, Associate Director and Second Stage Coordinator
- Samantha Lewis, Transition House Coordinator
- Julie Cormier, Accountant and Office Administrator
- Ashley Hall, Community Outreach Worker
- Chloé Noris, Sexual Violence Counsellor
- Mélissa Arsenault, Child and Youth Worker
- Trish Babineau, Crisis Intervener
- Ashley Barnabey, Crisis Intervener
- Stephanie Carver, Crisis Intervener
- Jessica Jones, Crisis Intervener
- Brielle Lang, Crisis Intervener
- Cassidy Sproul, Crisis Intervener

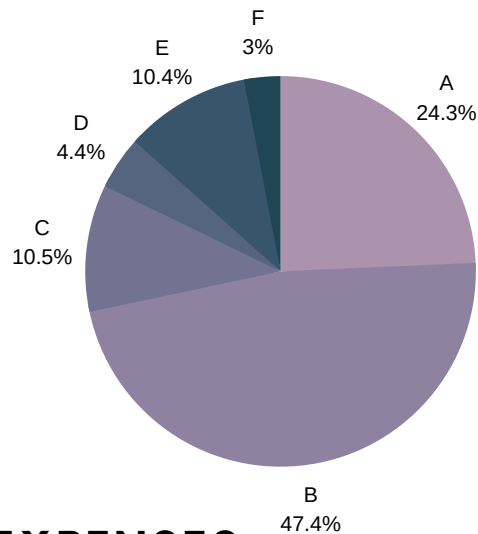
Thanks to the following people who were part of our team in 2018-2019:

- Tina Thibodeau, Executive Director
- Kelly Arsenault, Team Leader
- Amanda Lanthrop, Crisis Intervener
- Chantal Mazerolle, Crisis Intervener
- Kathlyne Léger, Crisis Intervener
- Katrine Castel, Crisis Intervener
- Emma Durant, Casual Crisis Intervener
- Gina Colette, Casual Crisis Intervener
- Zoe Twohig, Casual Crisis Intervener
- Cynthia Pitre, Child and Youth Worker
- Jocelyn Lirette, Volunteer Coordinator
- Danielle Smith, Volunteer Coordinator
- Abigail Bradley, Summer Student
- Mathilde Thériault, Summer Student
- Audrey Gagnon, Summer Student

FINANCIALS

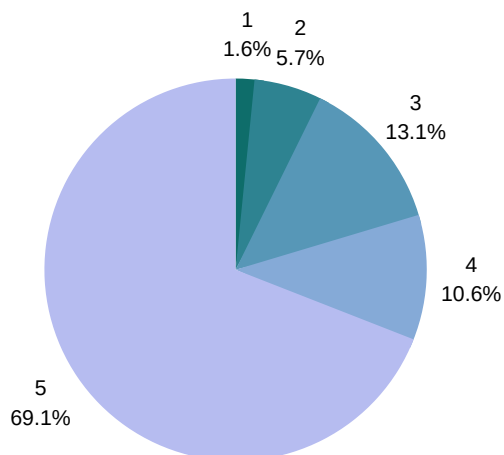
REVENUE

- A. Annual Fundraising
- B. Dept. of Social Development
- C. Grants
- D. Rental Income
- E. Women's Equality Branch
- F. United Way



EXPENSES

- 1. Blossom House
- 2. Community Outreach
- 3. Second Stage
- 4. South East Sexual Assault Centre
- 5. Transition House



OUR DONORS



Our Vice-Chair, Patrick Goguen (left) and our Accountant/Office Manager, Julie Cormier (right) are accepting a donation by Dr. John McManaman (center) (Dec. 2018)

Partners (\$25,000 and up)

- Assumption Vie
- Club Rotary de Dieppe
- Médavie
- Walk a Mile in Her Shoes® - Moncton

Patrons (\$10,000 - \$24,999)

- Acadian Construction
- Jayson Dool
- Dr. John McManaman
- Greater Moncton Women's Progress Club
- Groupe Forage Major Drilling Group International Inc.
- JTI MacDonald Corp
- Moncton West-Riverview Rotary Club
- RBC Foundation
- Run. Walk. Relay. Crossroads 250.

Leaders (\$5,000 - \$9,999)

- Corinne Elizabeth Gallant
- Darrell Nameth
- Ernst and Young
- Greater Moncton Sunrise Rotary Club
- Le Groupe Jean Coutu (PJC) Inc

Friends (\$2,500 - \$4,999)

- David Leger
- Get Off the Bus Concerts
- Nancy Everell
- Moncton Wesleyan Church
- Riverview High School
- Royal LePage Shelter Foundation
- Unifor Social Justice Fund

OUR DONORS



Supporters (\$500 - \$2,499)

- Angus Johnston
- Anil and Mary Joshi
- Armour Transportation Systems
- Béatrice Landry
- Bellezza Naturale
- Canadian Women's Foundation
- Congregation of Notre Dame Visitation Province Centre
- Dames d'Acadie de Dieppe
- David and Ellen Close
- Defi Hockey francophone Dieppe
- Denyse LeBlanc
- FCT Charitable Foundation
- Gail Snelgrove
- George's Plumbing & Heating (1985) Ltd.
- Greater Moncton International Airport Authority Inc.
- Groupe Savoie
- Ian and JoAnn Franklin
- Immaculate Heart of Mary Church Social Action
- Immeubles Perfection Realty Inc.
- L. Toupin
- Linda Hardwick
- Magella and Guy St-Pierre
- Marc Landry
- NB Council of Nursing Home Unions
- NB Nurses Union
- Pauline Vautour
- Peter Lightfoot
- Riverview East School
- Robert Clark
- Ross and Ruth Cleveland
- Tina Thibodeau
- The Co-Operators
- Trust Eterna



Donation by Dames d'Acadie de Dieppe
(Dec. 2018)



Donation of gift bags from the Moncton
Muslim community (June 2018)



Walk a Mile in Her Shoes - Moncton
(May 2018)



Volunteer training (May 2019)

HOW YOU CAN HELP

DONATE

Donations are critical in helping us raise the funds required to provide shelter and support to more than 400 women and children fleeing domestic violence each year.

- Donations of items;
- Monetary donation;
- Gift cards.

HOST AN EVENT

Hosting a fundraising event for Crossroads for Women is a great way to get involved, and be active in making a difference for families in your community. From BBQs and yard sales, to golf tournaments and galas, no event is too big or too small.

VOLUNTEER

Volunteers are an important part of Crossroads for Women. Your contribution as a volunteer allows us to provide the best service and support to our families. Some of our volunteer positions include: Meal Preparation, Hospital Accompaniments with the Sexual Assault Centre and Donation Organization.

MORE WAYS TO HELP

- Christmas sponsorship;
- Leave a legacy;
- Partner with us.



Halloween at the Transition House
(Oct. 2018)



Pride Parade
(August 2018)



Our Board of Directors: Pauline Vautour, Martine Savoie, Noémie Doiron, Dwayne Hayes, Darrell Nameth, Tina Thibodeau, Nathalie Joseph and Patrick Goguen (Sept. 2018)



Corporate Challenge, organized by Rotary Club - Dieppe (May 2018)



Walk a Mile in Her Shoes (May 2018)

CROSSROADS FOR WOMEN

2018-2019



I am writing this note with love and hope that someone will hear this and their life will be changed forever, as mine was.

I am a survivor of domestic abuse.

It ended with support I received from Crossroads. When I reached out, I had given up on my life.

For several years, I was abused emotionally (that was daily), financially, physically (I ended up in the hospital), sexually (I was raped repeatedly).

All of this abuse ended when I chose to say NO MORE. The police escorted our children and me to the shelter. "There will be better days." I heard, but didn't believe at the time.

I was given the opportunity to be heard with support. Soon my days started to get better... then one day, life after leaving finally feels like life.

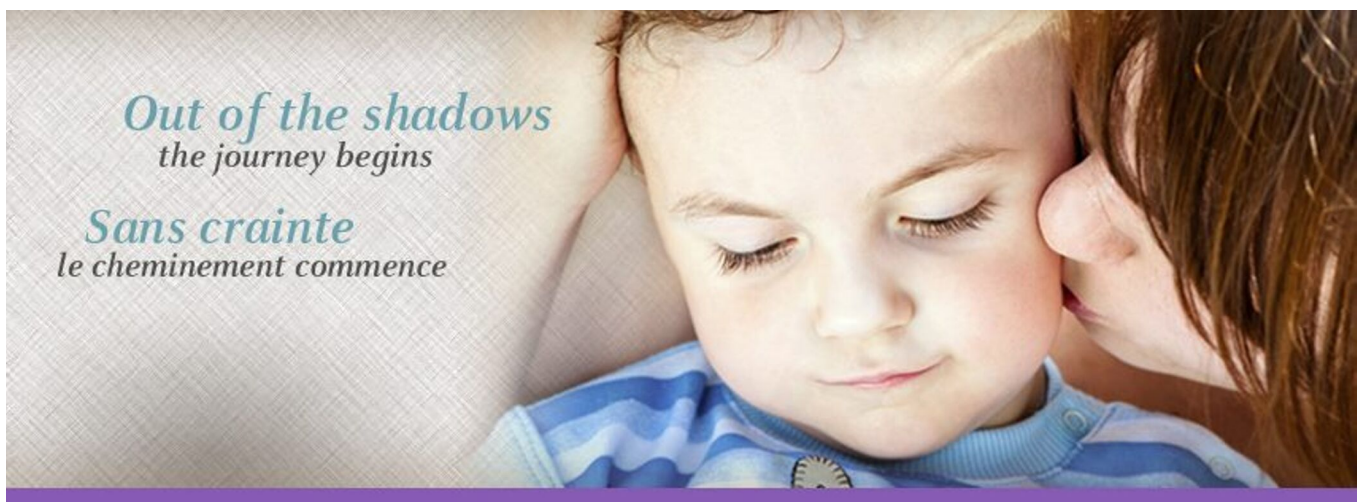
Love yourself, be kind, keep smiling, never give up, believe it gets better.

I hope, wish and pray that others who are living with abuse will choose to tell someone, ask for help, make a plan and LEAVE.

Support is available.

Take back your life and make it what you choose it to be. Don't depend on others for your happiness. Time heals a broken heart.

Believe it gets better, because it does.



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